

ITF TAEKWON-DO FINLAND ORGANIZES
IN CONJUNCTION WITH SM-VIIKKO:

ITF TAEKWON-DO SUOMI100 CUP

JULY 9TH, 2017

SENIOR BLACK BELT CUP
JUNIOR BLACK BELT CUP

Welcome!



THE *SM-VIIKKO* EVENT

SM-viikko (Finnish Championships Week) is a multi-sport event concept, now organized for the second time in Tampere on July 6th – 9th, 2017. Last year 22 sports participated in the event. The live TV broadcasts by Finnish Broadcasting Company Yle had over 800,000 viewers, and even sports not usually broadcast on TV were introduced to the home audiences. Yle chooses the sports that will be shown on the television.

This summer, 30 sports are competing in the *SM-viikko* event, four of which are martial arts: Taekwon-Do (ITF), Taido, Muay Thai and Taekwondo (WTF). ITF Taekwon-Do participates for the first time as a demonstration sport. Our day of competition is Sunday the 9th of July. The exact schedule will be announced later. ITF Taekwon-Do Finland organizes the Suomi100 Cup as a part of the *SM-viikko* event in celebration of the 100-year-old independent Finland.

VENUE

The *SM-viikko* venue is Tampere Exhibition and Sports Center (TESC), where the AETF European Championships were held in 2016. Martial Arts will compete in Hall E. Address: Ilmailunkatu 20, 33900 Tampere.

COMPETITORS

Senior Black Belt Cup is open for all members of International Taekwon-Do Federation (ITF) who are 2nd gup – 6th Dan in rank and at least 18 years old on the day of the competition. **Junior Black Belt Cup** is open for all members of International Taekwon-Do Federation (ITF) who are 2nd gup – 3rd Dan in rank and 13–18 years old on the day of the competition. 18-year-old competitors may choose whether they want to participate in senior or junior categories. Mixing the age categories is not allowed.

Competitors are not insured by the organizers. Please make sure that each competitor has a sufficient personal insurance. Every competitor must have a coach. Coaches are required to wear a tracksuit, and only coaches can approach jury tables. Coaches must also carry a white towel.

REGISTRATION

The last day to register for the competition is Sunday, June 25th, 2017. The registration must be done by club/school/association in the ITF Taekwon-Do Finland online system: <http://taekwon-do.fi/ilmoittautuminen>. Please contact Sabum Lasse Kuusisto (lasse.kuusisto@taekwon-do.fi) for login credentials. **Late registrations will not be allowed.**

WEIGH-IN AND ACCREDITATION

The weigh-in and accreditation for the competition will be on the morning of the competition at the competition hall at 8 a.m. – 9:30 a.m. All competitors must be present at the weigh-in and accreditation, regardless of whether they compete in sparring. Only *do bok* trousers and a t-shirt or a polo shirt is allowed for the weigh-in. For sparring categories, 500-gram allowance will be in effect.

COMPETITION FEE

In celebration of the 100th anniversary of independent Finland (*Suomi100*), ITF Taekwon-Do Finland does not charge a competition fee for this event. However, category changes made after the final day of registration will cause a 20 € penalty fee per change. The penalty fee must be paid in cash during weigh-in and accreditation. **NB!** Late registrations will not be allowed even with the penalty fee.

A cancellation without a medical certificate after the final day of registration will also cause a 20 € penalty fee. Medical certificates for cancellations must be sent to the Head of Competitions in ITF Taekwon-Do Finland, Sabum Joonas Helassalo (joonas.helassalo@taekwon-do.fi), one week after the competition at the latest.

COMPETITION CATEGORIES

ITF Taekwon-Do Suomi100 Cup will have categories in sparring and patterns. In addition, we will have special techniques and power breaking as demonstration sports. The competition will follow the rules of Black Belt Cups by ITF Taekwon-Do Finland. A summary of the rules in English can be found at the end of the invitation.

UMPIRES

Anyone wishing to umpire at the event must register via e-mail to the Head of Umpire Committee, Sabum Lasse Kuusisto (lasse.kuusisto@taekwon-do.fi) by June 25th, 2017. It is our wish that clubs who send competitors to the event will also provide at least one umpire. The umpiring outfit is a navy blue or black suit, a white shirt, a blue tie, white shoes and white socks.

AUDIENCE

Audience must buy tickets for the *SM-viikko* event. Tickets can be bought in advance or at the door.

Prices of day tickets are (in advance / at the door):

- Adults: 10 € / 15 €
- Children: 5 € / 5 €
- Family ticket: 25 € / 30 €

Further information regarding the tickets will be announced on both the *SM-viikko* website as well as the ITF Taekwon-Do Finland website: www.sm-viikko.fi / www.taekwon-do.fi.

CONTACT DETAILS FOR ITF TAEKWON-DO FINLAND

If you need further information regarding the event, please don't hesitate to contact ITF Taekwon-Do Finland. We are happy to provide the information you need and welcome you to compete in the celebratory competition of the 100th anniversary of independent Finland!

Lasse Kuusisto

5th Degree

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4th Degree

Head of Competition Committee

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SCHEDULE FOR CLUBS

AS SOON AS POSSIBLE

1. Market the competition in your club.
2. Ask Sabum Lasse Kuusisto (lasse.kuusisto@taekwon-do.fi) for login credentials into the online registration system.

BY 11:59 PM ON SUNDAY JUNE 25th, 2017

1. Register all competitors into the online registration system.
2. Register umpires via e-mail to Sabum Lasse Kuusisto (lasse.kuusisto@taekwon-do.fi).

ON SUNDAY JULY 9TH, 2017

- 08:00 a.m. – 09:30 a.m. Weigh-in and accreditation at the competition hall
- 09:00 a.m. – 09:45 a.m. Coach and umpire meeting
- 10:00 a.m. The competition will commence

A detailed schedule will be released after the final day of registration.

BLACK BELT CUP RULES SUMMARY

In Black Belt Cup, all pattern and sparring categories will be in a **league format**: all competitors in the same group of 2–5 competitors will face each other.

- If there is one group, the winner of the group will win the category.
- If there are two groups, two competitors with highest points from each group will advance to finals group.
- If there are four or more groups, only the winner of each group will advance.
- If there are only two competitors in the category, special rules may apply (see discipline-specific rules below).

In case of even points between two competitors, the result of their previous match against each other determines the result. In case the match was even, umpire votes (flags) in all the matches in the current group phase will be counted together. In case the umpire votes are even, the competitors will have a rematch.

Patterns

PATTERN CATEGORIES IN BLACK BELT CUP		
Senior (18+)	Female	Male
	2nd gup – 1st Dan	2nd gup – 1st Dan
	2nd – 6th Dan	2nd – 6th Dan
Junior (13–18)	Female	Male
	2nd gup – 3rd Dan	2nd gup – 3rd Dan

- One pattern from Chon-Ji up to the highest pattern of the lower grade/degree of the match will be drawn.
- In case there are only two competitors, two patterns will be drawn.

Sparring

SPARRING CATEGORIES IN BLACK BELT CUP

Senior (18+)	Female	Male
	2nd gup – 6th Dan -56 kg	2nd gup – 6th Dan -70 kg
	2nd gup – 6th Dan -64 kg	2nd gup – 6th Dan -80 kg
	2nd gup – 6th Dan +64 kg	2nd gup – 6th Dan +80 kg
Junior (13–18)	Female	Male
	2nd gup – 3rd Dan -45 kg	2nd gup – 3rd Dan -56 kg
	2nd gup – 3rd Dan -55 kg	2nd gup – 3rd Dan -64 kg
	2nd gup – 3rd Dan +55 kg	2nd gup – 3rd Dan +64 kg

- One round of two minutes (1 x 2 min)
- In case there are only two competitors, there will be two rounds of two minutes with one minute in between (2 x 2 min).

Special techniques

SPECIAL TECHNIQUES CATEGORIES IN BLACK BELT CUP		
Senior (18+)	Female: 2nd gup – 6th Dan Twimyo nopi chagi Twimyo dollyo chagi Twimyo nomo yop chagi	Male: 2nd gup – 6th Dan Twimyo nopi chagi Twimyo dollyo chagi Twimyo dolmyo chagi Twimyo bandae dollyo chagi Twimyo nomo yop chagi
Junior (13–18)	Female: 2nd gup – 3rd Dan Twimyo nopi chagi Twimyo dollyo chagi Twimyo nomo yop chagi	Male: 2nd gup – 3rd Dan Twimyo nopi chagi Twimyo dollyo chagi Twimyo dolmyo chagi Twimyo bandae dollyo chagi Twimyo nomo yop chagi

Power breaking

POWER BREAKING CATEGORIES IN BLACK BELT CUP		
Senior (18+)	Female: 2nd gup – 6th Dan Sonkal taerigi Yop cha jirugi Dollyo chagi	Male: 2nd gup – 6th Dan Ap joomuk jirugi Sonkal taerigi Yop cha jirugi Dollyo chagi Bandae dollyo chagi
Junior (13–18)	Female: 2nd gup – 3rd Dan Sonkal taerigi Yop cha jirugi Dollyo chagi	Male: 2nd gup – 3rd Dan Ap joomuk jirugi Sonkal taerigi Yop cha jirugi Dollyo chagi Bandae dollyo chagi